

Rule The Internet â Free automation guide

A Monday money digest so cash does not surprise you

For solo operators running the whole business.

Who this is for

Solo operators and one-person businesses who wear every hat â sales, delivery, admin, and support â and need leverage without hiring a department.

Solos discover cash problems on rent day.

Suggested stack

Accounting export + Sheet + scheduled email. Primary tools: Stripe, QuickBooks, Google Sheets.

Do this

1. Connect Stripe/bank to QuickBooks or a Sheet dashboard.
2. Metrics: cash in bank, receivables, last 7-day revenue, upcoming bills.
3. Email yourself every Monday 7am.
4. Add one decision line: what to collect or cut this week.

Operator tip

A digest you ignore is decoration. Read it with coffee â then act once.

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